

Where It All Began

I had attended a Global Citizenship course run by Scotdec and had got the resource pack Watoto which helps children explore their lives and the lives of children round the world. It features a child from each of four countries: Bolivia, the Philippines, Honduras and Kenya.

I choose an activity involving fruit from the pack because we are promoting healthy eating at nursery and when I displayed the posters the children were drawn to Amy from the Philippines




I started this activity by gathering a small learning group of children together that were interested in the photos of Amy. When the children and I looked at the photos of Amy we spoke about the differences and similarities between living in Scotland and what it would be like living in the Philippines.

Below are some of the comments the children said;

- Josh – *“I think it’s a warm country.”*
- William - *“They are wearing sandals it must be warm”*
- Morven – *“She looks happy playing with her friends”*
- Alfie – *“Where is Amy’s mummy & daddy?”*
- Mitchell – *“Why are they brown?”*

- Through consultation with the small learning group of children they were very interested in the Philippines and where Amy came from. Together we looked at the atlas and the globe to see how far it was from Scotland to the Philippines. Josh said, “That will take ages to get there.” William asked “How would we get there?” I replied, “Let’s all think of different forms of transport that would take us to visit another country. William said “In an aeroplane coz that’s what I do when I go on my holidays.” I explained to them that you could get there many different ways but to go in an aeroplane would probably be the quickest.
- We read all about Amy in the booklet in the pack and talked about what food Amy and her family enjoyed eating. Lots of their food is grown at home so we discussed what foods might grow well in the Philippines. We then looked at a fruit salad recipe that Amy eats at home.
- The children were very keen to make this special fruit salad but through consultation we realised that we couldn’t grow these kinds of fruit in Scotland because our climate is too cold. The children then asked to go to the shops to buy the fruit needed so a trip was organised.
- Staff and children walked to the shops and brought the ingredients for the fruit salad. We brought a melon, pineapple, bananas and limes.
- When we arrived back to nursery we washed our hands and put on our aprons ready to chop up the fruit for our fruit salad. I placed the fruit on the chopping boards and the children started to chop it up. Whilst they were doing this activity they were learning to develop their senses through sight, touch and smell.

Next Steps

-  To introduce the children to the other new activities in the Watoto pack.
-  To provide this piece of documentation for the children to revisit.
-  Observe the children looking at the globe/atlas to make links from Scotland to other countries.